



**General Welfare Requirement: Safeguarding and Promoting Children's Welfare**  
The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

### **Prompting health and hygiene**

#### **Nappy Changing**

#### **Policy Statement**

At Cherry Blossom Nursery and Preschool toilet training is understood to be a self-care skill that children have the opportunity to learn in their own time when they are developmentally ready and with the full support of caring adults.

#### **Procedures**

- Key persons know their key children and they are always in close contact with parents/carers who inform staff when they feel their child is ready to be toilet trained.
- If a child is displaying signs of being ready to use the toilet the key person informs the parents/carers.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- Changing areas are warm and private, they are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag to hand with their nappies or 'pull ups' and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared. Changing mats are always cleaned after use ready for next child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children as well as to talk and sing.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are always encouraged to wash their hands and have soap and towels to hand. They should be allowed some time for play as they explore the water and soap.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children genitals when changing their nappies.

- Older children access the toilet when they have the need to and are encouraged to be independent.
  - 'Nappies' and 'pull ups' are disposed of hygienically.
- If a child needs nappy cream applied, this is done so using a cotton pad, once the cotton pad has made contact with the child it is then to be discarded and a new one used should more be required.

NB If young children are left in wet or soiled nappies/'pull-ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

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